











INSTRUCTIONAL GUIDE 5TH GRADE 2025-2026

GRADE	5th Grade Elementary •	
PERIOD	1st Period 🔻	
UNIT		
TERM	eptember 29th - October 31st	
TOTAL OF SESSIONS	5 weeks	
LEARNING OBJECTIVE	This unit allows students to explore who they are and how they relate to others through English. They will describe themselves, their emotions, and the people they admire using simple language. Students will learn to talk about real and fictional heroes, express opinions, and use adjectives to describe physical and personal traits. Through interviews, stories, and creative activities, they will develop their speaking and writing skills. By the end of the unit, students will create a self-portrait and a comic strip to show their identity and the important people in their community.	

	Project	 Self-Express with your Body. (pg. 154-165) Heroines and Heroes: Fiction or Reality (pg. 28-43) 		
NEM	Product	 Create a self portrait that shows who they are. Create a comic strip of people who are considered important in the community. 		
	Content	Cultural and artistic expressions Natural and social environments Information and relevant data for the community Sensations, emotions, feelings and ideas expressed in English **		
	LDP (Learning Development Process)	Represents and shares elements present in cultural and artistic expressions of different peoples, preferably English-speaking. Understands descriptive and/or explanatory texts about cultural and artistic expressions of different peoples, preferably English-spect Comments on and describes, orally and in writing, aspects of natural and social environments that catch their attention. Participates in writing questions to gather information about specific topics. Interviews classmates and records their answers.		

	Asks, answers, and shares how they feel and what makes them feel that way using oral and written language. Recognizes, names, and graphically represents different emotions.
Articulating Axes	Healthy living Critical thinking Arts and aesthetic experiences Critical interculturality

CEFR SKILLS	Listening	 A2: Ss can understand short, clear and simple messages and conversations of people talking about spare activities, hobbies, likes and dislikes. A2: Understand Short simple messages from events in the past. A2: SS can understand times and dates. A2: Ss can understand short, clear and simple messages and conversations of people talking about spare activities, hobbies, likes and dislikes.
	Reading	 A2: SS can understand words and phrases on everyday activities in everyday situations. A2: SS can recognise daily situations, words and phrases. A2: Ss can understand short past stories about familiar subjects if the text is written in simple language. A2: Ss can understand pieces of reading about hobbies, likes and dislikes.
	Writing	 A2: SS can write their daily routines. A2: SS can write simple sentences about myself, for example where I live and what I do. A2: Ss can write about hobbies, likes and dislikes. A2: Ss can complete a questionnaire with information about their educational background.
	Speaking	 A2: SS can describe what I like and what I don't like (for example with regard to sports, music, school, colours). A2: SS can use simple words to describe something, (for example its size, shape or colour). A2: Ss can ask and answer simple questions about a past event.
	Grammar & Language Structure	 Inquiring about feelings, simple presents Wh questions: Adverbs: too much, too many, little,not enough, I like, I love, I hate. "What do you feel when you hear the name of a loved one"? "Do you remember the name of your favorite characters?" Simple present to describe your favorite character" Use of too much, too many and not enough: "I have too many tasks", "I don't have too much time" Structure of a narrative sequence: What situation is presented?, who appears in it?, where do the events take place?, how is the conflict solved? (Answer WH questions) Use a Venn Diagram Review of Simple present Wh questions: What actions define a hero?", What do fiction and reality mean?" Review verb to be in past was/ were. Simple past tense Interrogative Form. (did, yes I did, no I don't) Use "Would" to express hypothetical situations: "As a superhero, I would be strong", "I would". Simple present Wh questions to talk about community heroes: "Which people support you in your daily life?", "Who helps to make your school a safe place?", Why are they you heroes?"

Vocabulary	 Vocabulary to talk about identity: have/ has, belong. Vocabulary for corporal narrative: gestures, sound, expression Emotions linked to names and identities: excited, impressed, amused, happy. Adjectives to describe characters: amusing, funny, brave. Structure of a narrative sequence: Setup, development and resolution. Regular verbs in past: (walk, wag, arrive, sniff, bark, snuggle) Hobbies & Activities: cook, sing, read, swim, dance, play football, wash the dishes, play video games, do exercise, watch T.V., enough sleep. Vocabulary to talk about characters: (fiction, reality, heroes, heroines, movies, comics, novels, superpowers). Adjectives that describe physical traits: tall, short, beautiful, pretty, long, fat, thin, curly, straight. Adjectives that describe virtues: kind, helpful, honest, friendly, brave, generous, hard working, committed, intelligent.
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Strategies and Activities

STAGE 1: Kickstart (Warm Up / Lead-in) Get students thinking, talking, and prepared for the lesson and project.

Achievement: Students will be able to introduce themselves, describe physical and personality traits, and express basic emotions using simple vocabulary and sentence structures. They will explore the concept of identity and personal expression through interactive, creative, and reflective tasks.

Skill	Instructional Strategy / Activity Suggestions	Resources	Classroom Interactive Patterns	☐ Assessment
✓ 「Listening ✓ Reading ✓ ✓ Writing & Language Structure ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓	 Instructional Strategy: TPR * Reading Comprehensi * Letter Writing * Role Playing * Creative Writing * Bingo * 	☐ STextbook ☐ Motebook ☑ Horksheet ☑ Visual Aids (Poster, flashcards, chats, etc.) ☑ Digital	 ✓ ★Whole Group ✓ ★ Small group work ✓ ↑ Pair work ✓ Individual work 	✓ Rubrics

(Speaking/Reading)

- Pairs or small groups match hero cards (image + name or trait).
- When they get a match, they say a sentence:
 "Superman is brave."

Feelings Bingo (Listening/Speaking)

- Bingo cards have emotions and traits. Teacher calls: "Brave!"
- Students mark it and say an example: "My mom is brave."

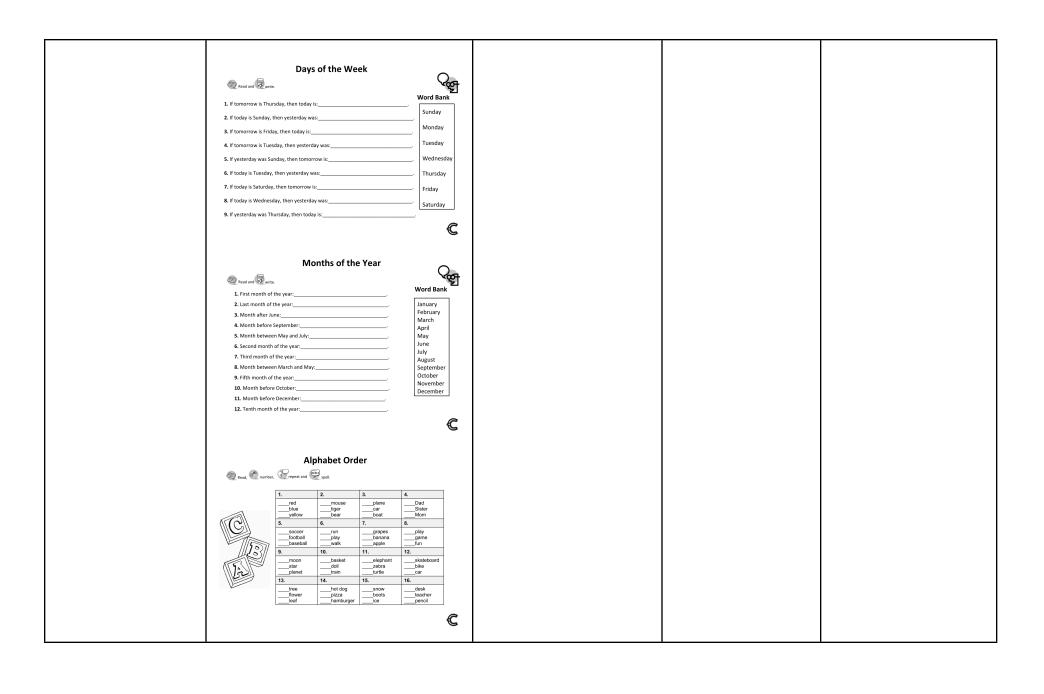
"This is Me" Graphic Organizer: T guides Ss to complete a personal organizer activity in their notebooks. The task includes five sections: Name, Age, Favorite activity, One word that describes them, and a space to draw themselves. T models the activity on the board using their own example: "My name is Miss Ana. I am 10 years old. I like to dance. I am creative." Ss copy the sections in their notebooks and complete them using colored pencils,

markers, and drawings to make
their work creative and personal.
All About Me – Reading and
Comprehension T presents a short
descriptive text about a character
named Miriam. The text includes
basic personal information (e.g.,
"My name is Miriam. I am 10 years
old. I live in Saltillo. I like watching
cartoons and eating ice cream. I
have one brother and two dogs.")T
reads aloud or plays an audio of
the text (optional). Ss follow along
and highlight important details.
"What's Your Name?" T explores
personal identity and vocabulary
related to names. Ss answer six
questions about their name,
including its popularity, meaning,
origin, and whether any famous
people share it. They also write
about their nicknames and spell
their full names. T supports students
by modeling answers on the board
and encouraging complete
sentences. This activity promotes
self-awareness, vocabulary
development, and written

expression.		
"When I Feel" Writing & Drawing		
Activity: T plays a short video about		
emotions. Ss listen and repeat key		
vocabulary and expressions		
related to feelings (e.g., "I feel		
happy," "I feel angry"). Then, Ss		
write 2–3 sentences using the		
structure: "When I feel, I"		
(e.g., "When I feel happy, I play		
with my friends."). Finally, Ss draw a		
simple picture to represent each		
sentence in their notebooks.		
https://www.youtube.com/watch?		
<u>v=KivttwaXQZ4</u>		
Hobby Charades		
Write hobbies on slips, a student		
picks one and acts it out, the rest		
of the class guesses, the first to		
guess correctly becomes the next		
actor.		
My Favorite Character – Personal		
Connection T introduces the		
activity with visuals of famous		
characters from series or movies		
(e.g., Spiderman, Elsa, Goku,		
Matilda). Ss choose one favorite		
character and fill out a four-section		

organizer:
Basic Info: Name of character, age (real or imagined), and the series/movie. Description: What they like/dislike, what they can/can't do. (E.g., "He can fly." "She doesn't like to lose.") Picture Box: Draw or paste a picture of the character. Interesting Facts: Write 2–3 fun or unknown facts about the character. T encourages creativity and provides word banks with verbs, adjectives, and abilities (e.g., can run, is brave, has powers). Ss share
in pairs or present their character
"Like and Dislike" T practices vocabulary related to daily activities and personal preferences. Ss look at the pictures and write complete sentences in the correct box: under the happy face (activities they like) or under the sad face (activities they dislike). T models two examples on the board (e.g., "I like to dance." / "I don't like to wash the dishes.").

Guess the Hero Choose a hero or heroine (real or fictional) and write the name on a card. One student secretly picks a card and answers only yes/no to classmates' question: Is your hero real? Does your hero have superpowers? and so on. **Hero Speed Chat** Arrange students in two lines facing each other, give them a hero prompt (real or fictional), they have 1 minute to tell their partner about the hero's: Name, abilities or virtudes. Today, the Weather is... THE WEEKLY WEATHER FORECAST Wednesday Tuesday



STAGE 2: Language Drop (Presentation / Input) Introduce grammar, vocabulary, and the communicative task. Establish the context/problem.

Achievement: Ss will be able to understand and use basic grammar structures such as "I am," "I like," "I don't like," "He/She is," and "He/She can/can't" to talk about themselves, others, and their favorite characters. They will identify descriptive vocabulary and apply it in oral and written tasks. Through fun, engaging activities and modeling, Ss will begin to build simple descriptive paragraphs and participate in meaningful conversations about personal identity and preferences.

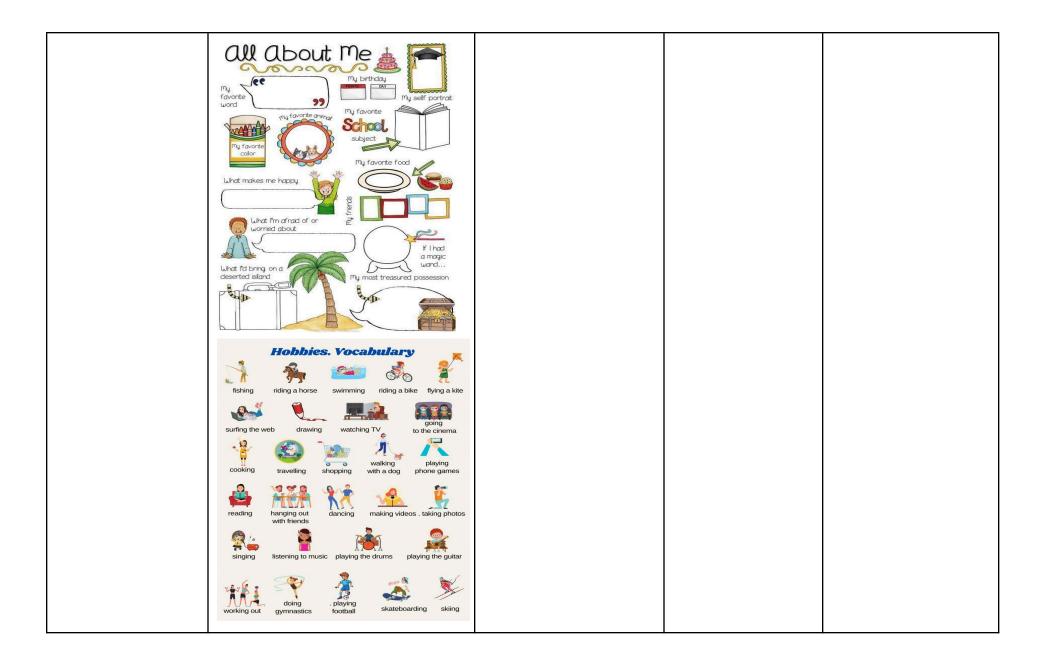
Skill	Instructional Strategy / Activity Suggestions	Resources	Classroom Interactive Patterns	Assessment
□ □ Listening □ □ Reading □ □ Writing & Language Structure □ ▷ Speaking	 Instructional Strategy: TPR	□ Stextbook □ Notebook □ Worksheet □ Visual Aids (Poster, flashcards, chats, etc.) □ Digital Resources (websites, apps, videos, etc.) □ Realia □ Didactic Games	✓ Manueles Group ✓ Small group work ✓ Manueles ✓ Pair work ✓ Individual work	 □ Rubrics

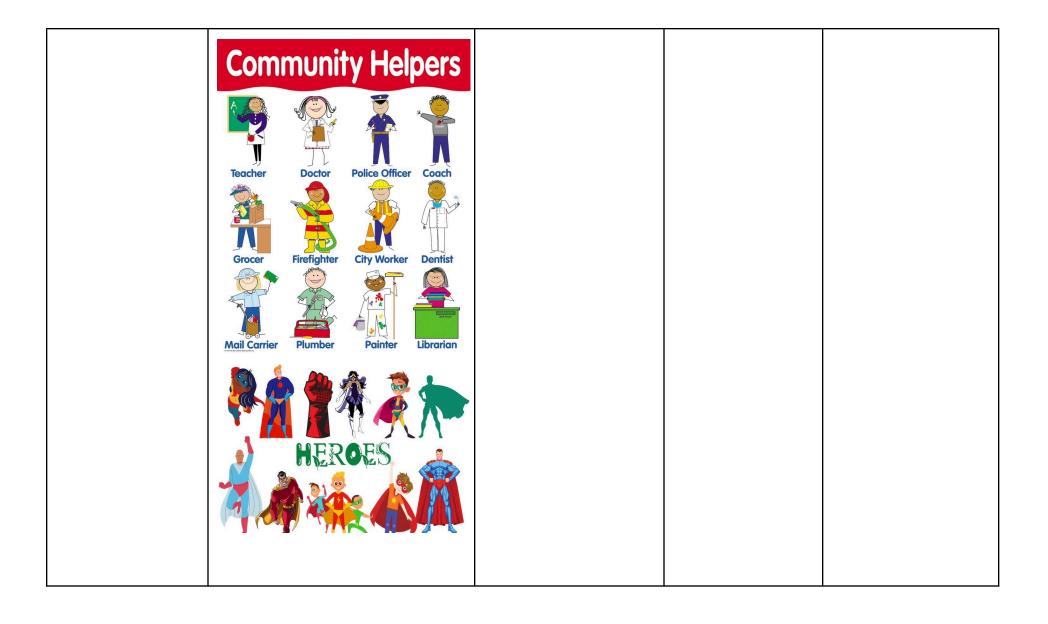
Tasks ss to bring an object or picture related to their hobby, give them 1 or 2 minutes to present: The name of the hobby, how often they do it, why they like it. T encourages questions from classmates after each presentation. **Hobby Interview** T presents a poster with an interview conversation and the ss act out it, after that T asks some questions about the conversation. **Short Movie Clip + Comprehension** (Listening/Speaking) • Watch a 1–2 min clip from a hero-themed animation (no subtitles). • Answer questions: "Who is in the scene? What did they do? Was it real or fiction?" Describe Your Friend!" Partner Interview & Report SS work in pairs. Each Ss asks their partner simple questions: Ss write 4–5 sentences about their partner: "This is my friend Diego. He is 10

years old. He likes basketball. He doesn't like broccoli. He is friendly and smart." T guides Ss with question prompts and vocabulary posters (adjectives and activities). "What Do You Prefer?" T prepares fun "What do you prefer?" questions. One wall is option A and the other wall is option B. Examples: What do you prefer: being a superhero or a singer? What do you prefer: having a dog or a cat? What do you prefer: swimming or playing video games? Ss listen and walk to the wall with their favorite option. Tasks: "Why?" Ss can answer: "I prefer having a dog." or "Because I like dogs." My Identity Puzzle - Reflection & Writing Use "I am," "I like," "I can" in written form.Instructions: T gives each Ss a puzzle-shaped template with 4–6 pieces labeled:

1. My name
2. I like
3. I don't like
4. Ican
Ss complete each piece with
simple sentences and decorate. T
collects and displays puzzles on a
bulletin board titled "We Are
Unique!
Past & Present Sorting Race
Tasi a riesem soming race
T writes verbs in base form and past
tense: play / played, cook /
cooked, clean / cleaned
Ss sort them into present vs. past
using flashcards. Ss write one
sentence for each form:
"I play soccer on Mondays." / "I
played soccer yesterday."
Hero Vocabulary Hunt
nero vocabolary nom
T teaches adjectives for physical
descriptions and virtues showing
cards with adjectives, gives each ss
1 or 2 cards, shows a hero image
and asks "Which of your words
describe this person?" SS share
"Superman is strong and brave",
paste words on the board divided

into Physical and Virtues.
Build a Hero
T asks ss to make teams and use a poster to create their own hero/heroine. Decide: Name, Special powers, Virtues, Physical description and present to the class.
Mini Reading – Meet My Hero (Reading) The teacher provides a short paragraph about a real hero. Students highlight adjectives and answer WH questions.





STAGE 3: Level Up (Practice with guidance) Students collaborate, compare findings, and build knowledge with teacher guidance.

Achievement: Practice Language Structure about unit vocabulary.

Skill	Instructional Strategy / Activity Suggestions	Resources	Classroom Interactive Patterns	Assessment
✓ □ Listening ✓ □ Reading ✓ □ Writing & Language Structure ✓ □ Speaking	 Instructional Strategy: TPR → Reading Comprehension → Show and Tell → Role Playing → • Activity Description: Model with a Teacher Profile T displays a poster with personal profile, name,age, birthday, hobbies, favorite food, read the information aloud slowly, point to each category and say it again, ask ss to repeat key sentences. Introduce Vocabulary & Sentences. On the board, make two columns: Question / Answer. • Write and read aloud: • What's your name? →	□ Stextbook □ Notebook □ Worksheet □ Visual Aids (Poster, flashcards, chats, etc.) □ Digital Resources (websites, apps, videos, etc.) □ Realia □ Didactic Games	✓ Member Group ✓ Small group work ☐ Member Pair work ✓ Individual work	 ☑ Rubrics (projects,

l'm years old. ○ When is your birthday? → My birthday is on ○ Where are you from? → I'm from ○ What are your hobbies? → I like / My hobby is ● Use choral repetition so students get pronunciation right.	
Class Profile Chart	
 Draw a table on the board with columns: Name Age Birthday Nationality Hobby Fill in the first row with your own info. Ask for 3–4 volunteers to give their info orally while you write it. Read the chart aloud with the class. 	
Unscramble the Sentence – Hero Facts (Reading/Writing)	
The teacher gives jumbled sentences: "brave / is / my /	

 _	 	
brother" → My brother is		
brave.		
Role Play – Interview a Hero		
(Speaking/Listening)		
In pairs, one is a reporter,		
one is a hero (real or		
fictional).		
Ask questions: "What do you		
do? How do you help		
people?"		
Race to Write – Dictation Words		
(Listening/Writing)		
(2.5.5.119,		
The teacher calls		
vocabulary words; groups		
race to write them on the		
board correctly.		
Describe & Draw!" – Listening with		
Visuals		
Visuais		
Practice understanding descriptive		
sentences.		
T reads descriptions aloud:		
"This person has short curly hair.		
She is kind and smart. She likes		
reading and cats."Ss listen and		
draw what they hear in their		
notebooks		

Then switch: Ss describe a classmate or imaginary person, and their partner draws it. Too Much / Too Many Sorting Game T displays phrases or images. Ss must classify them under "Too much," "Too many," "Not enough," or "Just right." Examples: homework, noise, friends, food, sleep, sugar, books, time Ss say or write: • "I have too much homework." • "There are too many students in the room." • "I don't have enough sleep." "Interview a Hero" Roleplay T. divides students into pairs. 1. One student is a famous hero or heroine, the other is a reporter. 2. Give sample interview questions: o "What inspired you to

become a hero?" o "What is your greatest challenge?" o "Who do you help?" 3. Switch roles after 3–4 minutes. 4. Optional: Present one or two interviews to the class.
Hero Timeline Challenge
 Give students short texts about real-life heroes/heroines. In small groups, they create a simple timeline of that person's life (birth, key achievements, impact). Groups share their timelines with the class in 1–2 minutes.
Create Your Own Hero
T encourages creativity while using hero vocabulary. In small groups, students invent a hero or heroine.
1. They decide: O Name O Special powers or skills O Mission or goal O Appearance (draw a

minutes.		quick picture) 2. Each group presents their hero to the class in 1–2			
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STAGE 4: All-In-One (Use of language skills) Integrated skills use, individual creative production, and draft version of final product.

Achievement: So will integrate vocabulary and grammar to build complete oral and written pieces about their identity and community heroes. They will independently construct short descriptive and narrative texts and engage in creative, communicative tasks using varied structures.

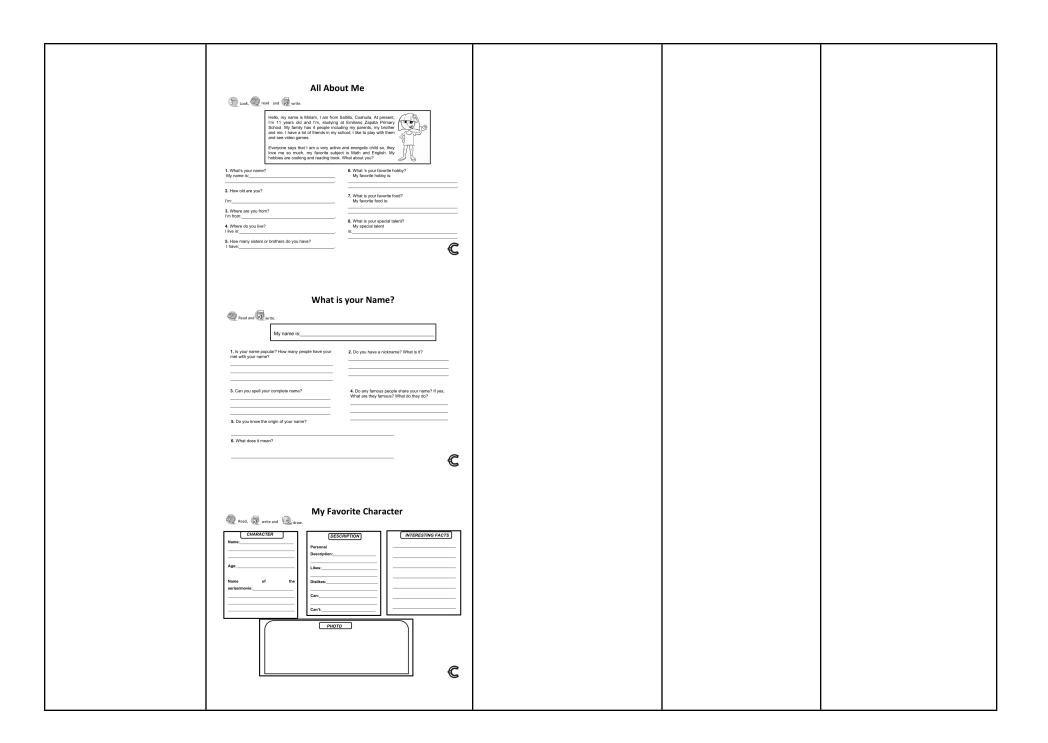
Skill	Instructional Strategy / Activity Suggestions	Resources	Classroom Interactive Patterns	Assessment
✓ 「Listening ✓ —Reading ✓ Writing & Language Structure ✓ Speaking	 Instructional Strategy: TPR	 □ STextbook □ Notebook □ Worksheet □ Visual Aids (Poster, flashcards, chats, etc.) □ Digital Resources (websites, apps, videos, etc.) □ Realia □ Didactic Games 	✓ Manule Group ✓ Manule Group ✓ Manule Group work ✓ Manule Group work ✓ Individual Work	 □ Rubrics

in small groups. "About Me" Journal Challenge • Task: Keep a 5-day illustrated journal about yourself. • Day 1: Full name, nickname, age, birthday, and where you are from. • Day 2: Family members and their occupations or interests. • Day 3: Your daily routine on school days.
 Task: Keep a 5-day illustrated journal about yourself. Day 1: Full name, nickname, age, birthday, and where you are from. Day 2: Family members and their occupations or interests. Day 3: Your daily routine on school
 Task: Keep a 5-day illustrated journal about yourself. Day 1: Full name, nickname, age, birthday, and where you are from. Day 2: Family members and their occupations or interests. Day 3: Your daily routine on school
illustrated journal about yourself. Day 1: Full name, nickname, age, birthday, and where you are from. Day 2: Family members and their occupations or interests. Day 3: Your daily routine on school
yourself. Day 1: Full name, nickname, age, birthday, and where you are from. Day 2: Family members and their occupations or interests. Day 3: Your daily routine on school
 Day 1: Full name, nickname, age, birthday, and where you are from. Day 2: Family members and their occupations or interests. Day 3: Your daily routine on school
nickname, age, birthday, and where you are from. Day 2: Family members and their occupations or interests. Day 3: Your daily routine on school
birthday, and where you are from. Day 2: Family members and their occupations or interests. Day 3: Your daily routine on school
you are from. Day 2: Family members and their occupations or interests. Day 3: Your daily routine on school
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members and their occupations or interests. Day 3: Your daily routine on school
occupations or interests. Day 3: Your daily routine on school
interests. Day 3: Your daily routine on school
o Day 3: Your daily routine on school
routine on school
days
o Day 4: Your likes,
dislikes, and favorite
activities.
o Day 5: Your dreams
and goals for the
future.
"Introduce Me" Speech Script
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T asks ss to write a short speech to
introduce yourself to a new class or
group. Include: name, age, where
you are from, school, hobbies,
favorite food, favorite subject, and

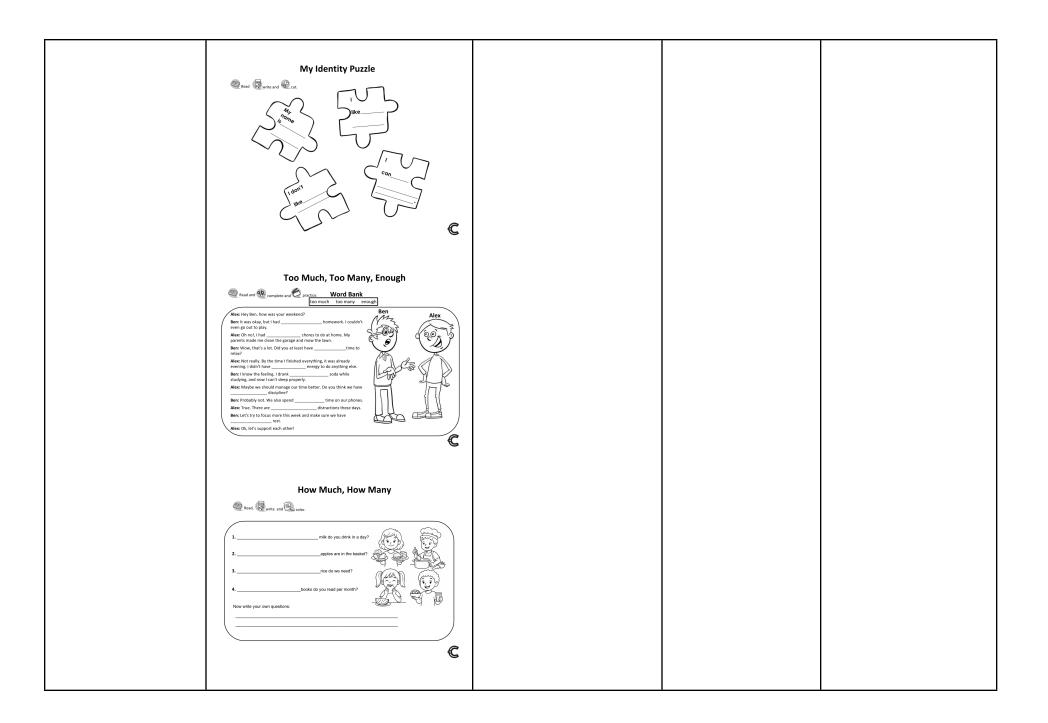
something unique about you. o Practice reading aloud for clear pronunciation. **Future Me Letter** Tasks ss to write a letter to your future self in 10 years: o Introduce yourself as you are now. Describe your current likes, dislikes, and daily life. Explain your hopes for your future career, hobbies, and lifestyle. Hero Interview Script: Imagine you are interviewing your chosen hero/heroine. T asks ss to write at least 8 questions and answer them in the hero's voice. o Questions should cover personal life, challenges, values, and advice to young people. Comparing Two Heroes: Tasks ss to

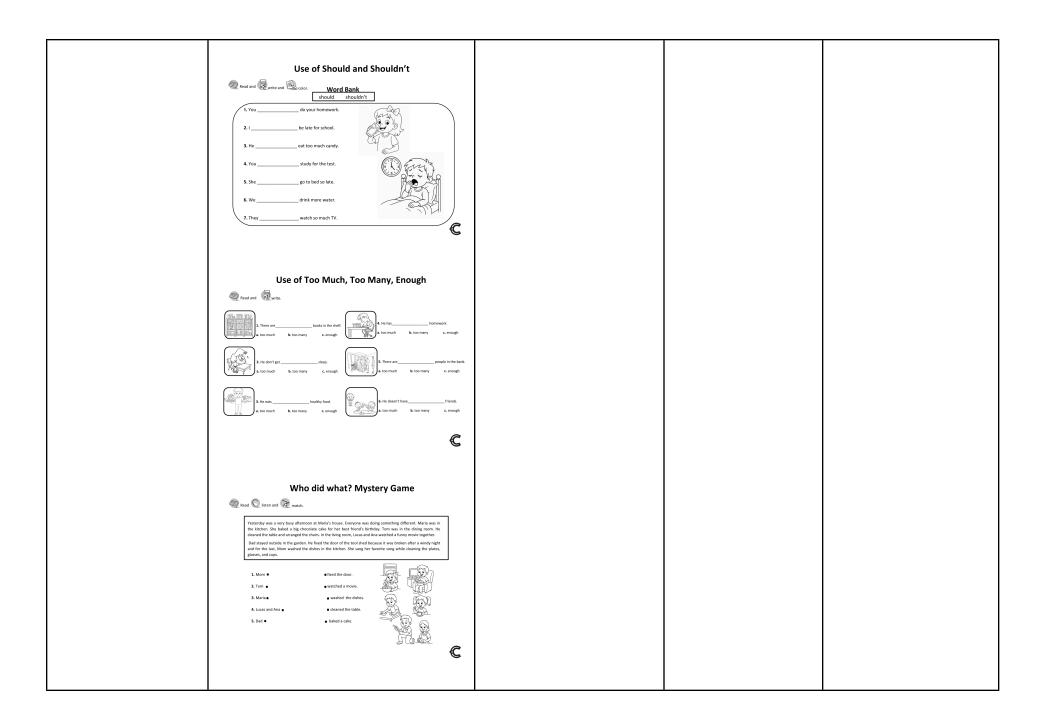
choose two heroes/heroines from different fields (e.g., a scientist and an athlete). Write a Venn diagram and a short paragraph comparing their qualities and contributions. Combination Activity – Hobby Heroes: T asks ss to find a real person who is famous for their hobby (e.g., a painter, dancer, chess champion) and write a profile explaining: 1. Their background 2. How the hobby became their career or passion 3. Their biggest		
4. How they inspire others.Comic Strip – My Hero in Action		
 Writing/Reading/Speaking) Students create a 4-panel story with captions using simple present or past. Present and read aloud to peers. 		
Delay Writing – Listen, Remember, Write (Listening/Writing)		

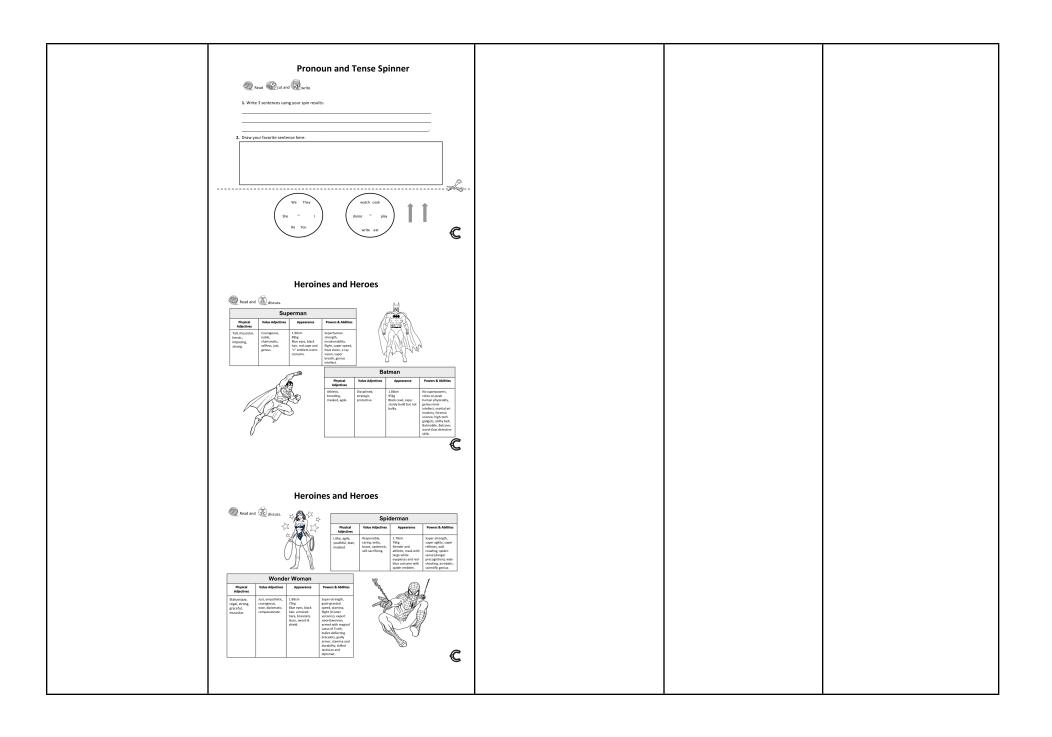
The teacher reads 3–4 sentences slowly; students remember and write them after a short delay.	
Sentence Scramble – Grammar	
Practice	
T prepares scrambled sentences	
with "too much," "not enough,"	
"can," "would," and Wh-questions.	
Ss work in pairs to unscramble	
them. Example:	
Scrambled: "you / would / what / be / do / if / a / superhero / you?" Correct: "What would you do if you were a superhero?"	
-T asks ss to open their books and	
answer some exercises about the	
unit.	
-T. provides worksheets and guides ss to answer them.	

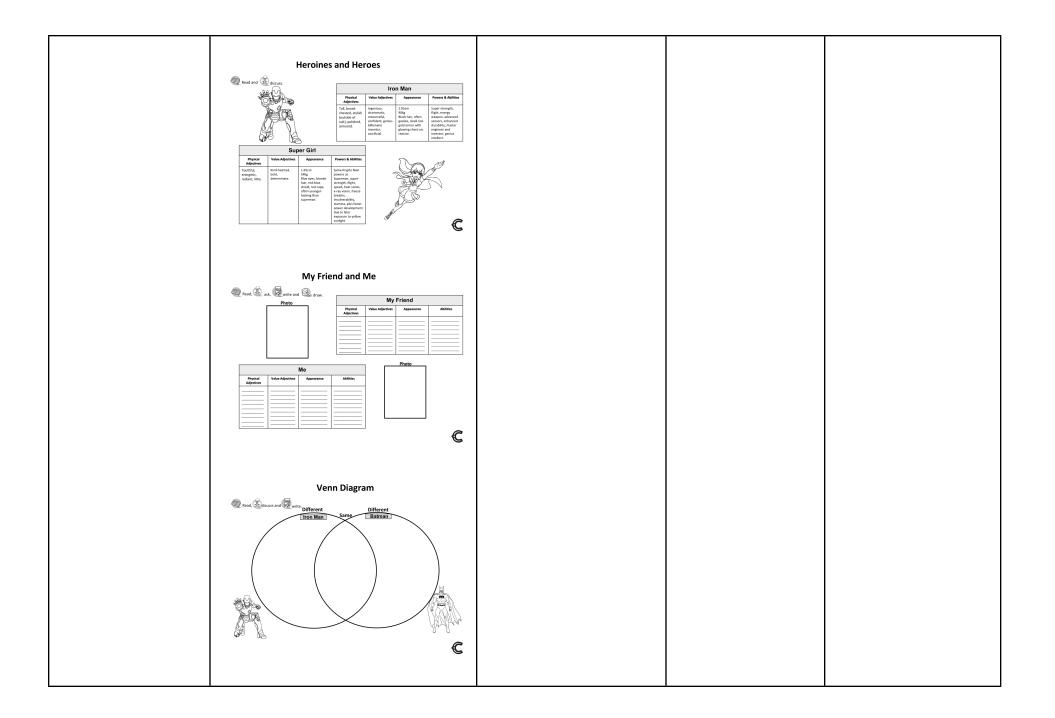


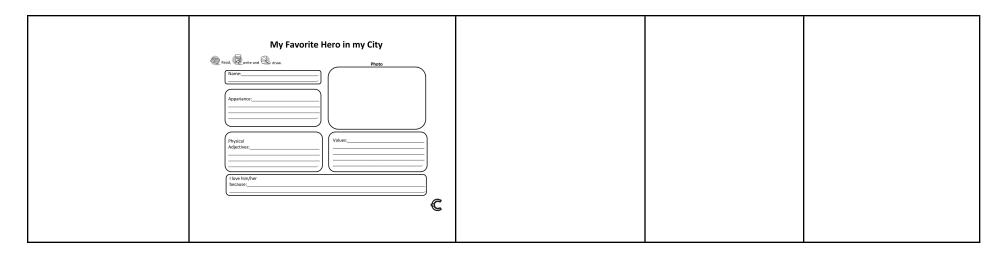
All About your Friend L. What is your name? 2. How old are you? 3. What do you like? 4. What do you describe yourself? Word Bank tall short thin fat fong hair short thair cury short hair cury writed with the short thair cury short hair cury writed with the helpful. Write 4 sentences about your friend:	
Like and Dislike Read and Payrice.	
general total diches	
Hobbies Word Bank play video games play football wash the dishes cook swim 1.	











STAGE 5: Reality check / wrap it up (Reflect and apply learning) Evaluate learning, reflect, and share final products.

Achievement: So will apply the grammar and vocabulary from the unit to complete a final product: a personal timeline, a hobby presentation, or a comic. They will reflect on what they've learned and present their work orally and visually using accurate structures and creative expression.

Skill	Instructional Strategy / Activity Suggestions	Resources	Classroom Interactive Patterns	Assessment
✓ 「Listening	 Instructional Strategy: Running Dictation * Read-Aloud * Letter Writing * Presentation * Role Playing * Activity Description: Personal Information Show-and-Tell Each student shares key 	 ✓ Stextbook ✓ Notebook ✓ Worksheet ✓ Visual Aids (Poster, flashcards, chats, etc.) ✓ Digital Resources (websites, apps, videos, etc.) 	 ✓ Mhole Group ✓ Mall group work ✓ Pair work ✓ Individual work 	 ✓ Rubrics

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personal information like their full name, age, birthday, favorite color, and a fun fact about themselves. Example: "My name is Ana, I'm 12 years old, my birthday is in June, and I love playing soccer."	✓ Nealia✓ PidacticGames	 ✓ Graphic organizers: (Concept maps , Mind maps, Venn Diagrams, etc.) Unit Exams
Create a Personal Info Collage		
 Using magazines, printed images, or drawings, students create a collage that represents their personal information (e.g., pictures of their favorite food, hobbies, places, or symbols that represent them). Display the collages in class or create a digital slideshow. 		
Write a Mini Story: "All About Me"		
 Students write a short paragraph or story sharing personal details like their family, hobbies, favorite subjects, and dreams. Example: "My name is Juan, I have two brothers, and I 		

love playing the guitar."	
"Interview a Classmate"	
Pair students up. One student interviews the other using personal information questions (name, age, favorite things, etc.) and then shares what they learned with the class.	
Hero/Heroine and Hobby Show-and-Tell	
 Each student picks a hero or heroine (real or fictional) they admire and shares a hobby that person might have or how a hobby helped them. Example: "My hero is Marie Curie, and her hobby could have been reading scientific journals or experimenting in her lab." 	
Write a Mini Story: "If My Hero Had My Hobby"	
Students write a short story imagining their hero/heroine trying out their own hobby.	

Example: "If Spider-Man tried gardening" with creative twists.
Would Hero Chain (Speaking)
 One student says: "As a superhero, I would help the sick." The next student repeats and adds their own: "and I would protect animals."
Exit Ticket - Sentence Completion (Writing)
 Students finish: "My hero is" "I feel when" "One thing I learned today is"
Spelling Challenge (Speaking/Writing)
The teacher says a vocabulary word; students spell aloud or write it quickly.
Pronoun & Tense Wheel – Review Spinner Game
T creates a large wheel with

subject pronouns and another with verbs. Ss spin both and say a sentence: "We danced yesterday." / "He plays video games."		
Extension: Ss draw the sentence or act it out.		
Daily Routine Timeline – Personal Reflection		
Ss draw a timeline of a normal day and add past tense for what they did yesterday.		
Present: "I eat breakfast at 7."		
Past: "Yesterday I ate at 8."		
T guides them to compare their routines using "I usually / I didn't / I went"		
Final Project Rehearsal: Allow students to practice making a comic strip of people who are considered important in the community. Provide guidance and feedback focusing on vocabulary use, sentence structure, and clarity.		
Project Presentation Day:		

Have students present their final project individually or in small groups. Presentations can include showing posters, reading simple sentences, or explaining their work with support.
-T asks WH questionsT asks a few yes/no questions: Do you remember how to use? Would you like to review? -T will use videos, audios, or any other resource to reinforce the achievementsT can use the book to review the unit vocabulary.