



Instructional Guide Activities

2025-2026

6th Grade

Unit 3

The logo features the words "LEVEL UP" in a bold, white, sans-serif font. The letter "U" in "UP" is stylized with an upward-pointing arrow integrated into its top curve. The text is set against a light gray background.

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Weather



Read and



write.

Sunny



Monclova

Cloudy



Saltillo

Snowy



Piedras Negras

Windy



Allende

Rainy



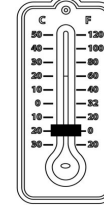
Monterrey

Stormy



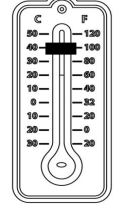
Laredo

Cold



Chihuahua

Hot



Mazatlán

Example: In Piedras Negras, it's going to be snowy.

1. In Monclova, _____.

2. In Chihuahua, _____.

3. In Saltillo, _____.

4. In Monterrey, _____.

5. In Mazatlán, _____.

6. In Laredo, _____.

7. In Allende, _____.



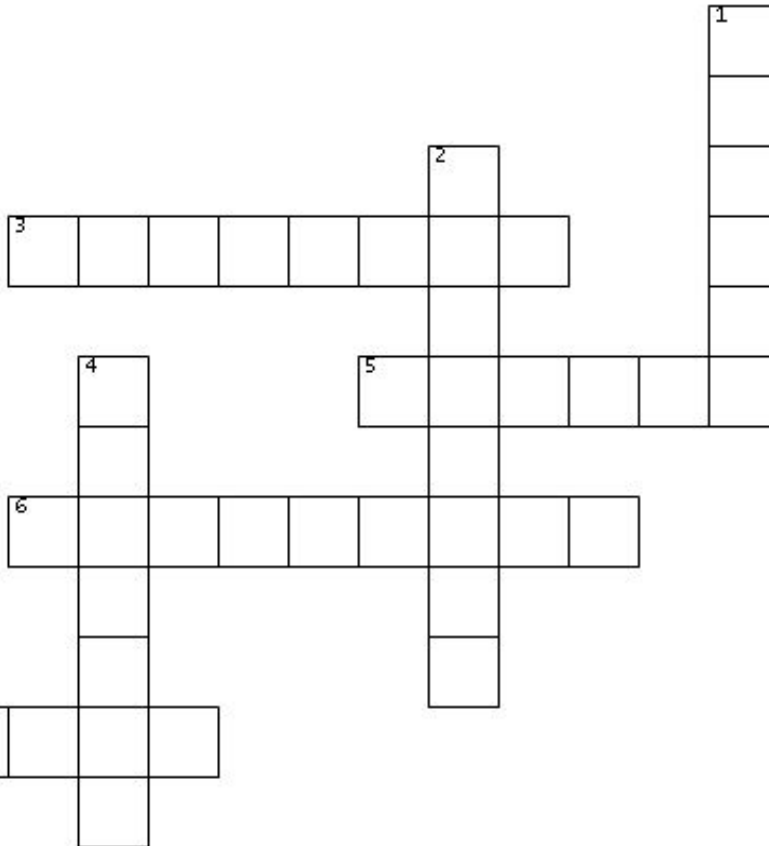
Days of the Week



Read and



write.



1. The day that starts with "M" is

_____.

2. Two days after Thursday is _____.

3. The day before Friday is

_____.

4. The day after Monday is

_____.

5. Two days before Tuesday is

_____.

6. The day that starts with "W" is

_____.

7. The day before Saturday is

_____.



Months of the Year



Read and



write.

1. How many months are in a year? _____.
2. How many days are in a week? _____.
3. How many days are in April? _____.
4. This year, what day of the week is December 30th? _____.
5. What is the seventh month of the year? _____.
6. Write the date that is six days after February 5th. _____.
7. What month comes right before November? _____.
8. Write the date that is fifteen days after May 25th _____.
9. Lucía's birthday is the day after Halloween, what is the date of her birthday? _____.
10. Which holiday comes first each year: Mother's days or Valentine's Day? _____.



Alphabet



Listen,



trace and



spell.

a	a	a	a	a	a	a
b	b	b	b	b	b	b
c	c	c	c	c	c	c
d	d	d	d	d	d	d
e	e	e	e	e	e	e
f	f	f	f	f	f	f
g	g	g	g	g	g	g
h	h	h	h	h	h	h
i	i	i	i	i	i	i
j	j	j	j	j	j	j
k	k	k	k	k	k	k
l	l	l	l	l	l	l
m	m	m	m	m	m	m

n	n	n	n	n	n	n
o	o	o	o	o	o	o
p	p	p	p	p	p	p
q	q	q	q	q	q	q
r	r	r	r	r	r	r
s	s	s	s	s	s	s
t	t	t	t	t	t	t
u	u	u	u	u	u	u
v	v	v	v	v	v	v
w	w	w	w	w	w	w
x	x	x	x	x	x	x
y	y	y	y	y	y	y
z	z	z	z	z	z	z



Ordinal Numbers



Look and



write.



Categorizing



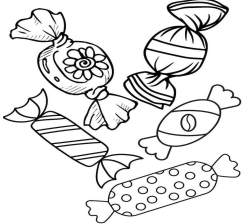
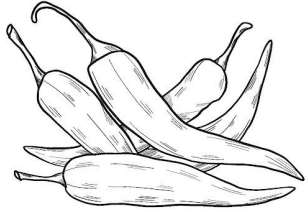
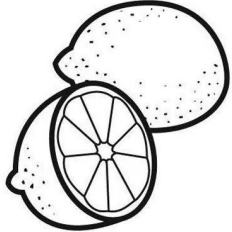






Read,



think and



repeat.

Flavor:	sweet 	spicy 	sour 
Smell:	fragrant 	aromatic 	fresh 
Texture:	crunchy 	creamy 	crispy 



Identifying Adjectives!



Read and



write.

1. The birthday cake is too _____ for the boy.



2. The lemon tastes _____.



3. These flowers are so _____.



4. This coffee is the most _____.



5. These chips are really _____, I love it.



6. My favorite dessert is an ice cream it is really _____.



7. My favorite food is a _____ chicken, I enjoy it very much!



Word Bank

spicy

sour

sweet

aromatic

fresh

crunchy

creamy

crispy

fragrant





Read and



write.

Present Simple

**Some words may be used more than once, and some words may not be used at all.*

Affirmative ✓	Negative ✗	Interrogative ?
I read.	I do not read.	Do I read?
You } read.	You } do not read.	Do { you
We } read.	We } do not read.	Do { we read?
They } read.	They } do not read.	Do { they
He } reads.	He } does not read.	Does { he
She } reads.	She } does not read.	Does { she read?
It } reads.	It } does not read.	Does { it

1. My mother says, you _____ need any candy.
2. It _____ like oranges.
3. _____ it feel like a teddy bear?
4. _____ you like to eat apples for breakfast?
5. She _____ a delicious coffee in the morning.

Word Bank

tastes
Do
doesn't
Does
don't



Food & Meals



Read and



repeat.

**Task Ss to repeat after her.*

Word Bank

1. **Healthy Food** | Egg, carrot, grapes, rice, orange, corn, fruit, potato, banana, apple, broccoli, chicken, fish.

2. **Junk Food** | Hamburger, pizza, cake, hotdog, fries, flan, cookies, pie, ice cream, fries, bread.

3. **Drinks** | Milk, water, lemonade, tea, coffee, orange juice, soda.

4. **Desserts** | Flan, rice pudding, pie, chocolate cake, ice cream, candies, cupcake.

5. **Meat** | Meat, ham, sausages, bacon, pork, beef, turkey.



Like and Dislikes



Read,

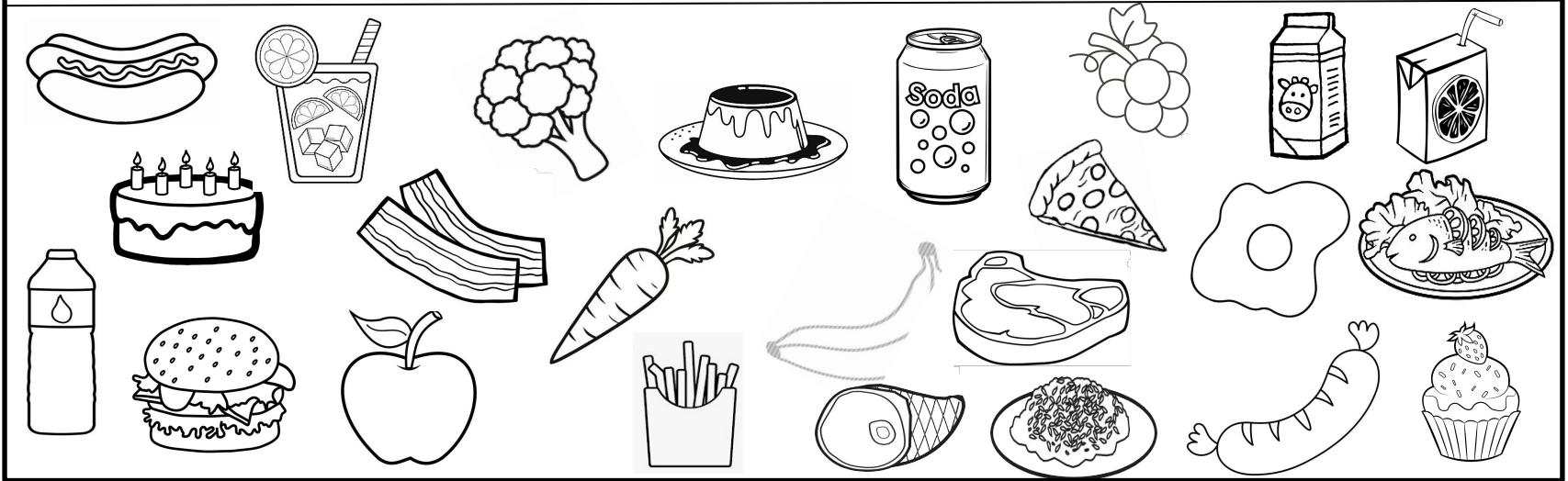


write and



color.

hot dog - lemonade - broccoli - flan - soda - grapes - milk - orange juice - cake - bacon - carrot - pizza - egg - fish - water - hamburger - apple - fries - banana - ham - meat - rice - sausage - cupcake



1. I like to eat _____

2. I don't like to eat _____



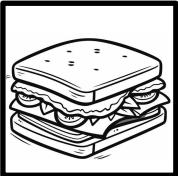
Unscramble Sentences



Read and

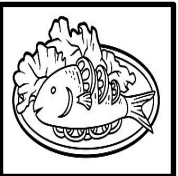


unscramble.



(like / I / a / sandwich. / ham /)

1. _____



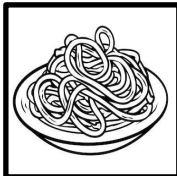
(a / want / I / fish. / salad. / with)

2. _____



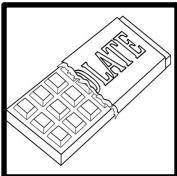
(like / I / eat / to / apple / every day. / an /)

3. _____



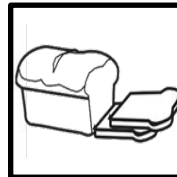
(My / food / spaghetti. / favorite / is /)

4. _____



(some / I / chocolate. / want / dark /)

5. _____



(like / I / bread. / white /)

6. _____



John's Restaurant



Read and



write.

John's Restaurant Menu



- Open seven days a week from 12:00 p.m. to 11:00 p.m.
 - Free home delivery on orders over \$12!
 - Kids under 6 eat free on Thursdays!
- For home deliveries call at:
811-3497823

DRINKS

Bottled Water
Small: 1.99 Large 3.99

Cola
Small: .99 Large 1.99

Coffee
Small 1.49 Large 2.49

Tea
Small .99 Large 1.49

FRIES

Regular Fries
Small: .99
Large 1.99

Cheese Fries
Small: 2.99
Large 3.99

SANDWICHES

Turkey
3.99

Special Burger
5.99

Tomato & Cheese
2.99

Avocado & Lettuce
3.99

DESSERTS

Apple Pie
Small: .99
Large 1.99

Ice Cream
Small: 1.99
Large 3.99

PIZZAS

Hawaiian
Small: 6.99 Large 9.99

Vegetarian
Small: 6.99 Large 9.99

Pepperoni
Small 10.99 Large 12.99

Cheese
Small 8.99 Large 10.49



1. What is the name of the restaurant?

_____.

2. How many sections are there in the menu?

_____.

3. What is your favorite section?

_____.

4. What day of the week kids eat free?

_____.

5. What is the telephone number for deliveries?

_____.

6. How much does the Large Pepperoni Pizza cost?

_____.

7. What is your favorite drink?

_____.

8. Which do you prefer an Apple Pie or an Ice Cream?

_____.



Create a Menu



Read and



write.

Drinks

Name

Price

_____	_____
_____	_____
_____	_____
_____	_____

Salads

Name

Price

_____	_____
_____	_____
_____	_____
_____	_____

Sandwiches

Name

Price

_____	_____
_____	_____
_____	_____

Soups

Name

Price

_____	_____
_____	_____
_____	_____

Dessert

Name

Price

_____	_____
_____	_____
_____	_____



At the Restaurant!



Read and



write.

Two friends went to a fast food restaurant. They ordered this lunch. Write their bill and find out how much their lunch cost.



Guest Check		
QUANTITY NUMBER	ITEM (S)	COST
		\$
		\$
		\$
		\$
		\$
		\$
		\$
		\$
		\$
Thank You		TOTAL COST \$



Design a Diet!



Read,



ask and



write.

**T tells Ss to ask to three classmates about their meals.*

Name	Breakfast	Lunch	Dinner
Example: 1. Sofia	grape juice, an egg, toast and ham.	chicken soup, lettuce and tomato salad, and an apple.	"quesadillas", refried beans, and chocolate milk.
2.			
3.			
4.			



Design your Food

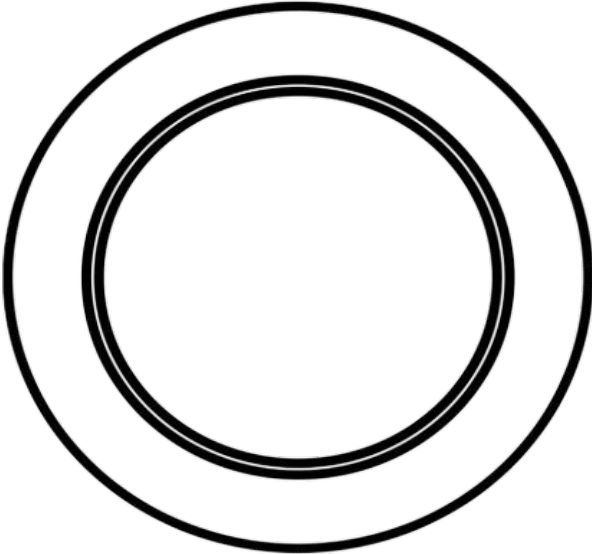


Read and

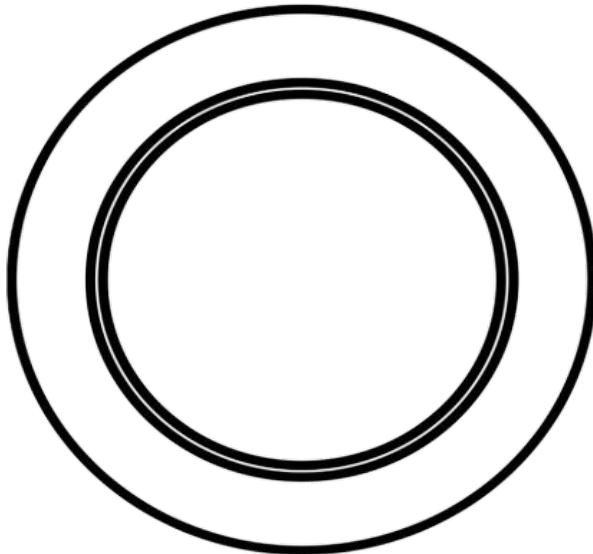


draw.

Breakfast



Dinner



What do you want for breakfast?



I want an orange juice, an apple and a ham sandwich.



What do you want for dinner?



I want a glass of milk and a piece of chicken.



Design a Healthy Plate



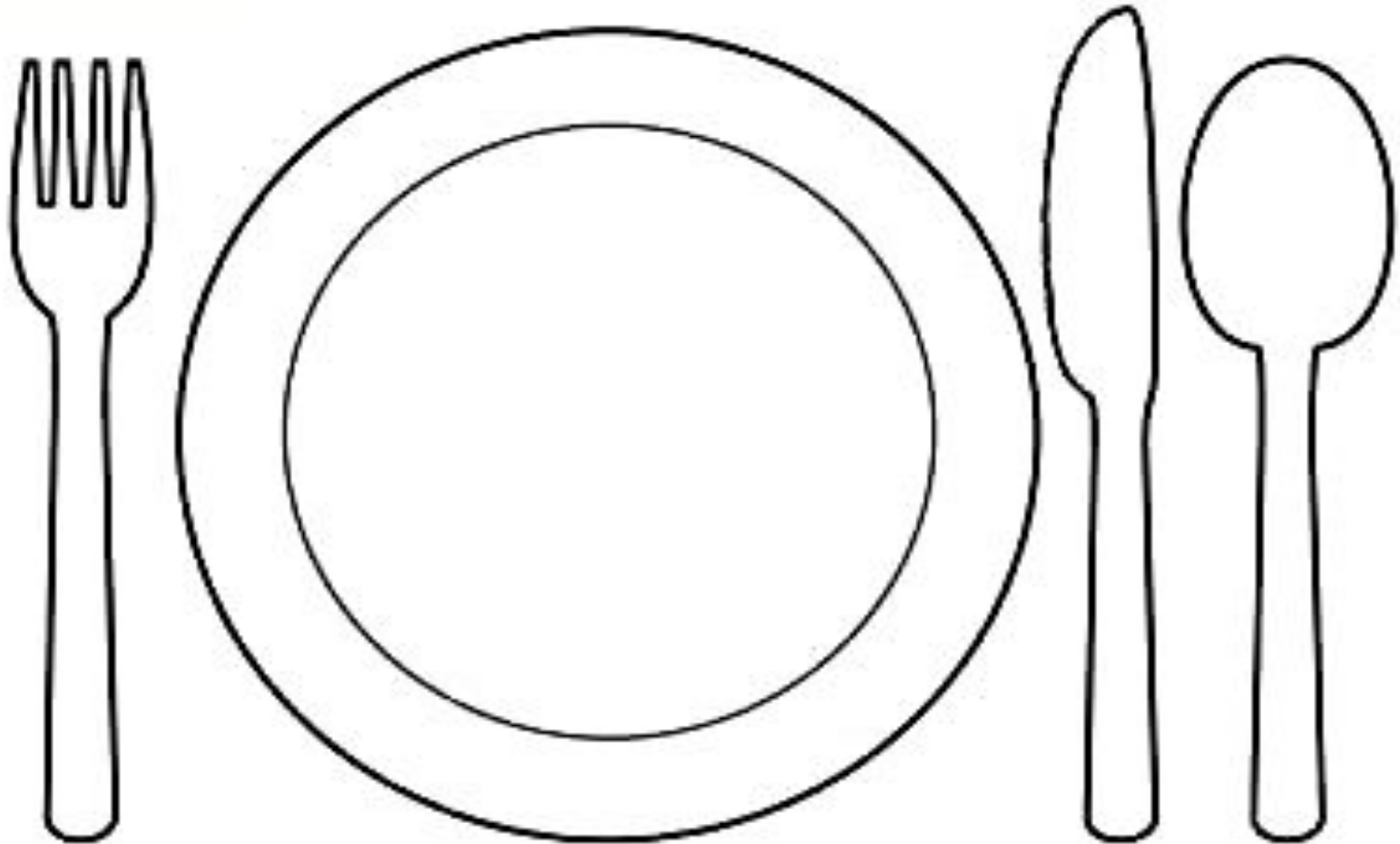
Think and



draw and



color.



Descriptive Meal



Read,



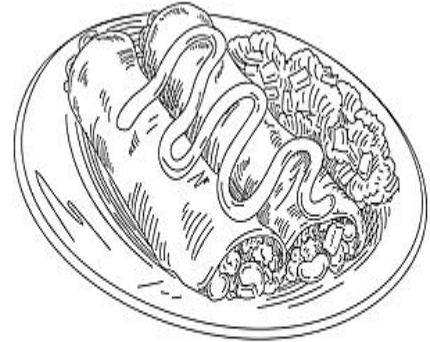
write and



draw.

Enchiladas Verdes

A delicious Mexican meal can be a plate of **enchiladas verdes**. These rolled corn tortillas are filled with chicken and covered in a warm green tomatillo sauce that tastes slightly spicy. On top, melted cheese adds a creamy flavor, and a spoonful of sour cream makes the dish even richer. The enchiladas are served with Mexican rice and smooth refried beans, creating a colorful and satisfying plate. A few slices of fresh avocado and cilantro give the meal a fresh and vibrant finish, making it a perfect example of the comforting flavors of Mexican cuisine.



**Describe your favorite dish.*

**Draw*



Classify Food



Read ,



color,



cut,



classify and



glue.

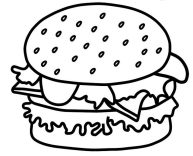
Healthy Food

Junk Food

--	--



pizza



hamburger



soda



cupcake



meat



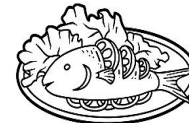
water



broccoli



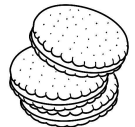
hotdog



fish



grapes



cookies



apple





Food Warning Labels



Read and



write.

Exercise 1:

**Match the food to the correct label.*

- | | |
|-------------------|-----------------------|
| 1. Soda | a. Excess of sugar |
| 2. Packaged chips | b. Excess of calories |
| 3. Bacon | c. Excess of sodium |
| 4. Chocolate cake | d. Excess of fats |

Exercise 2:

**Read each sentence and mark T (true) or F (false).*

1. Eating too much sugar can cause health problems.
2. Foods high in sodium are always good for the heart.
3. Chocolate and candy often have excess of sugar.
4. Fruits and vegetables usually have excess of fats.

Exercise 3:

**Write 4 sentences explaining why eating food with too much of one label (calories, sugar, fats, sodium) can be unhealthy.*

Example:

"Eating food with excess sugar can cause tooth problems."

1. _____.
2. _____.
3. _____.
4. _____.

- | | |
|---|---|
| T | F |
| T | F |
| T | F |
| T | F |



Collecting Food Warning Labels






Read,



think and



write.

Name of the Product:	 High in sugar	 High in saturated fats	 High in sodium	 High in calories



Let's Measure!



Read and



write.

**Measure your classmates using a tape measure and register it on the table. Also get on the scale and weight them. Then calculate the BMI using the formula (pg. 97)*

Name:	Height	Weight	Body Mass Index



Classifying Food



Read and



write.

Fruits	Vegetables	Grains	Proteins	Dairy
Apple	Onion	Rice	Fish	Milk
Orange	Carrot	Bread	Meat	Yogurt
Pear	Cauliflower	Pasta	Chicken	Cheese
Grapes	Lettuce	Oats	Eggs	
Bananas	Spinach	Cereal	Beans	
Peach	Peas		Nuts	
Berries	Broccoli			

1. Which food group do eggs belong to?

_____.

2. Can you name any other food that would go into each of these groups?

Fruits: _____.

Vegetables: _____.

Grains: _____.

Proteins: _____.

Dairy: _____.



Eat Well Plate!

Read, color, cut, classify and glue.

